

# Fall Camp Camp Packing List

## Packing Tips:

**Footwear:** Most activities are outdoors, sometimes in wet, muddy ground. Ordinary sneakers/footwear will get wet and muddy, possibly ruined! We suggest comfortable boots. This keeps their feet warm and dry.

**Labeling:** Please label all of your Cub's gear. Without labels it gets difficult to identify what belongs to who (ex: eating utensils, clothing left, etc. behind)

**Dress in layers:** This means putting on multiple and varying types of clothes. The purpose of layering it for thermal regulation. If a person becomes too warm/cold they can remove/add outer garments in order to better control their temperature.

**One bag:** Pack your Cub's belongings in one single bag that is easy to carry. We very much encourage independence at camp.

**Sleeping bag & Camp mat:** A warm sleeping bag and a mat to sleep on are needed for camp. Practice rolling and unrolling sleeping bags and mats with your Cub. If the sleeping mat needs to be inflated please send the pump.

**Rain gear:** Unless it is torrential rain we will be outside during camp. Your Cub will need rain gear.

**Electronics:** Our focus at Cub Camp is outdoor skills and electronic devices are not necessary and are a distraction. They are also easily lost or damaged. Please leave them home.

**Medical/Dietary/Personal Concerns:** All Medications must be clearly labelled with directions in writing with name of child and medication listed, what it's for, correct dose, time of administration, method of administration (what they take it with) and handed over to 1st Aider.

Please advise Leaders of any allergies/specific care your Cub has/needs, including dietary needs.

**Have your Cub pack!** To help them learn to be responsible, lay out the items your Cub is bringing to camp, have them pack it in their camp bag. This will help them learn what they brought and therefore what they should bring home.

## Packing Checklist

Print this checklist out and have your Cub assemble their camp items!

### Leave these at home:

- electronic devices, collection cards or individual toys!
- knives or matches permitted for Cubs.

### What to bring:

<ul style="list-style-type: none"><li><input type="checkbox"/> 1 large pack for all gear to go in</li><li><input type="checkbox"/> 2 pairs of light gloves /mittens</li><li><input type="checkbox"/> 4 pairs of warm socks</li><li><input type="checkbox"/> Water bottle (filled) for hike (<b>with name on it</b>)</li><li><input type="checkbox"/> 2 pairs of long pants</li><li><input type="checkbox"/> 1-2 sweaters</li><li><input type="checkbox"/> 3 pairs of underwear and long underwear</li><li><input type="checkbox"/> pyjamas or sweat pants/top for sleeping</li><li><input type="checkbox"/> 1 coat (it gets cold in the evening)</li><li><input type="checkbox"/> 1 raincoat - must be waterproof (we will be outside even if it's raining)</li><li><input type="checkbox"/> 1 pair waterproof boots</li><li><input type="checkbox"/> Indoor shoes/sneaker/slippers</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> 1 garbage bag (for dirty clothes)</li><li><input type="checkbox"/> Toiletries: (wash cloth, towel, toothbrush, toothpaste, hair brush/comb, soap, Kleenex, etc.)</li><li><input type="checkbox"/> 1 flashlight with an extra set of batteries</li><li><input type="checkbox"/> eating: metal or plastic plate/bowl/cub knife/fork/spoon (kept in mesh bag) – <b>all labelled</b></li><li><input type="checkbox"/> Snuggly for bedtime! (optional)</li><li><input type="checkbox"/> campfire blanket</li><li><input type="checkbox"/> sleeping bag/pillow &amp; sleeping mat</li><li><input type="checkbox"/> book (optional)</li><li><input type="checkbox"/> compass (optional)</li><li><input type="checkbox"/> playing cards (optional)</li><li><input type="checkbox"/> small board games (optional)</li><li><input type="checkbox"/> camera (inexpensive/disposable - optional)</li></ul>
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